



Kishor B Shah

AYAMBIL OLI JAIN FESTIVAL



Shukla Chaturdashi – Day 8 of Ayambil Oli Samyag Charitra Pad

Samyag Charitra Pad is symbolised by the colour white and on this day the Ayambil menu includes boiled rice. Samyag Gyan has 70 attributes.

Samyag Charitra is the third among the Dharma Tattva. Charitra in Sanskrit means conduct. Thus, Samyag Chaitra means Right Conduct. Right Conduct is the practice and application of the teachings of Jain faith, principles and doctrines in everyday life in thoughts and actions. Right conduct comprises ethical codes, rules and leading a restrained and disciplined life. The practice of equanimity and self-restraint lifestyle to eliminate the impurities and dirt by detachment and create inner awareness.

The Triple “A” of Jain Right Conduct are:-

Ahimsa (Non-violence) – Respect, reverence, compassion, forgiveness in thoughts, words & deeds towards all living beings. This entails eating a vegetarian diet, exercising mental calmness in difficult situations, be mindful of one’s impact on the environment.

Anekantwada (multi-faceted reality) – have respect for and seek multiple viewpoints, which encourages dialogue and harmony, tolerance to live peacefully with all communities and faiths

Aparigraha (non-possession) – limiting personal needs and possessions, because these not only harm the environment but also generate unreasonable attachment to objects that impede spiritual progress.



In addition to the above,

Satya (truth) – honesty and integrity – to be true to ourselves and others.

Asteya (non-stealing) – abstaining from stealing and being content. When we share with others and refrain from taking that which does not belong to us, we realise nothing belongs to us.

Practice mindfulness, introspection, meditation.

Having a understanding of Samyag Darshan, Samyag Gyan and Samyag Charitra is not sufficient and will not amount to anything unless we apply them in our daily lives and our practices are reflected in day to day thoughts and actions.

There is no knowledge without right faith,
No conduct is possible without knowledge,
Without conduct, there is no liberation,
And without liberation, no deliverance
... Mahavir (Uttaradhyayan Sutra 27/30)

Ritual: Khamasnas (x70) | Logassa (x70)

Prayer - Ohm Hrim Namo Charitassa
(x20 malas)

If you wish to participate and are unable to do the above,
do as per your capacity and time.



Triple "A" of Jainism



Ahimsa (Non-Violence)

Respect,
Reverence,
Compassion,
forgiveness
In thoughts, words,
& deeds towards
all living beings.
For this reason
Jains are vegetarians



Anekantwada (Multi Faceted Reality)

Respect for and seeking
multiple view points.
Truth has many facets.
Jains encourage
dialogue and harmony
with other communities
and faiths

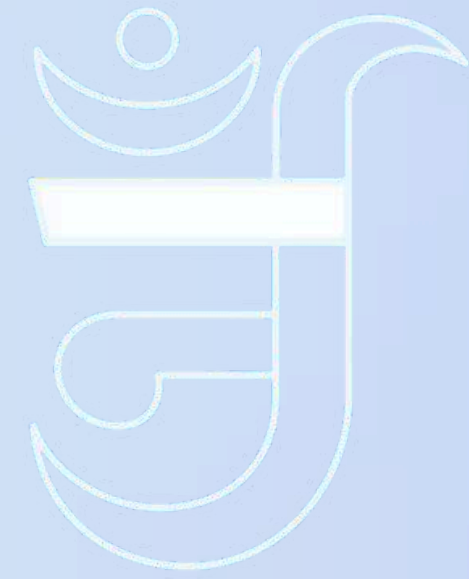


BY KISHOR B SHAH

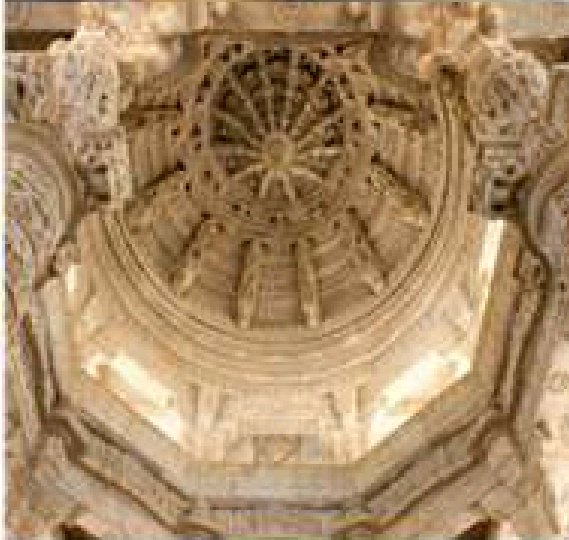
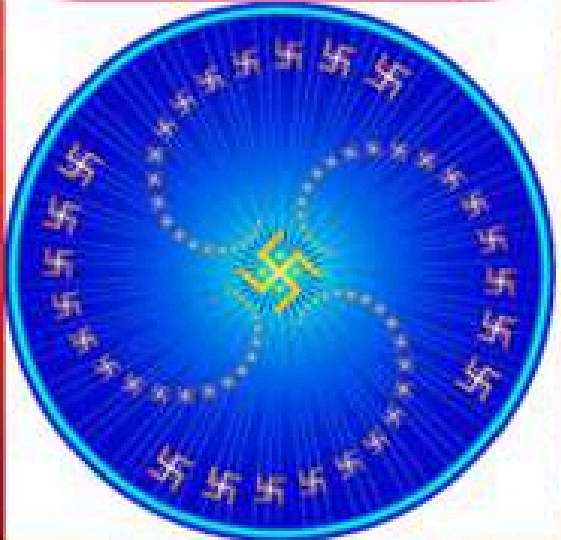


Aparigraha (Non- Possessiveness)

Balancing our
needs,
desires,
possessions,
while staying detached
from these possession



JAIN FESTIVAL
AYAMBIL OLI
Samyag Charitra Pad



If you can put truth above your own desires,
 And value those as friends, who feel the same,
 If you take pride in things that you have accomplished
 And when you are wrong, stand and take the blame ...

If you can understand your limitations
 And not waste time beyond your scope
 But take the future as a brand new challenge
 That you can meet with confidence and hope ...

If you can listen to those who would advise you
 And then judge for yourself just what is right,
 If you can keep in touch with all about you
 And settle differences without a fight....

If you can find delight in simple pleasures
 And see the rainbow - not the falling rain,
 If you can lose and never give up trying,
 Believing that there's nothing done in vain....

If you can staunchly stick by your convictions
 And not let others set your goals for you
 If you can be as practical as need be
 And still remember that sometimes dreams come true ...

If you can live the life that you believe in
 And trust your judgement and maturity
 Then you'll be, not just happy and successful,
 But the worthwhile person you are meant to be

This
 teaches
 us the
**proper
 conduct**
**Samyak
 Charitra**
 in our
 daily
 lives

